

Following its approval by the World Anti-Doping Agency's Executive Committee on 19th September 2009, the 2010 List of Prohibited Substances and Methods is now available on CEV's website: [www.cev.lu](http://www.cev.lu) / download section / Medical documents. The List will go into effect on January 1st, 2010.

The 2010 List reflects the latest scientific advances and offers a number of noteworthy changes compared to the 2009 List:

Salbutamol  
T/E Ratio Follow-Up  
Pseudoephedrine

To consult the 2010 List, the 2010 Monitoring Program, a summary of modifications, a document providing information in regards to the reintroduction of pseudo ephedrine, as well as a Q&A on major changes, please see on [www.cev.lu](http://www.cev.lu) or on WADA's website: [www.wada-ama.org](http://www.wada-ama.org)

We urge you to put this new list and documents on your website and to inform consequently your teams, club and responsible. For any other information we advise you to see essential information on CEV's website.

Olivier Mottier  
CEV Administrative Director