

Lausanne, 27 July 2010

Re: FIVB Anti-Doping education programme – We play it clean! - Beach Volleyball

Dear President,
Dear Secretary General,

FIVB believes that it is vital that its Athletes and their Team Support Personnel are aware of their rights when it comes to Anti-Doping. Therefore the FIVB developed an online **Anti-Doping education programme « We play it clean! »** which educates Volleyball and Beach Volleyball Athletes of their rights and responsibilities as well as guiding them towards a healthy lifestyle preventing them from doping. We play it clean is currently available in **English, French and Spanish** and further language modules will be considered for the future.

In line with the FIVB Board of Administration decision, Athletes **must** run through the FIVB Anti-Doping education programme in order to satisfy FIVB/WADA Anti-Doping regulations on Education. FIVB requires all Athletes entered to the **SWATCH-FIVB Open in The Hague, Netherlands (24 -29 August 2010)** to have completed all modules and therefore have received a certificate **before the Preliminary Inquiry**. Please be aware that this certificate is required in order to be eligible for the above mentioned Event.

We play it clean, provides an online learning experience, which consists of interactive videos and questions on a range of Anti-Doping topics, including Doping Control, Therapeutic Use Exemptions and Athletes Whereabouts. Users are immersed in real life situations and tested through engaging exercises. After completing each five to 10-minute module, the user is sent an email recapping the most important points through in the lesson. Following the completion of the final module, the user receives a **We play it clean! certificate**.

Please access FIVB online Anti-Doping education programme here: <http://www.fivb.org/RealWinner/> or via the FIVB website (www.fivb.org) by clicking on the following banner:



We play it clean!

FIVB Anti-doping education
programme

We thank you very much for your collaboration and urge you also to educate your Athletes and Team Support Personnel on Anti-Doping at all times. Should you require further information or assistance, please do not hesitate to contact us at medical@fivb.org.

Kind regards,

Mrs. Daniela PIRRI JOLY
President's Office Director

Encl: Information on FIVB Anti-Doping education programme – We play it clean!



FIVB

**Anti-doping education
programme**

WE PLAY IT CLEAN!



FIVB's online Anti-Doping education programme – We play it clean!

1. Regulations

Article 18 of the World Anti-Doping Code which entered into force January 1, 2009 makes it obligatory for all signatories of the Code *"to promote and support active participation by Athletes and Athletes Support Personnel in education programs for doping-free sport."*

The WADA Code outlines the basic principle and primary goal of Anti-Doping education: *"The basic principle for information and education programs for doping-free sport is to preserve the spirit of sport, as described in the Introduction to the Code, from being undermined by doping. The primary goal of such programs is prevention. The objective shall be to prevent the intentional and unintentional Use by Athletes of Prohibited Substances and Prohibited Methods. All Signatories shall within their means and scope of responsibility and in cooperation with each other, plan, implement, evaluate and monitor information and education programs for doping-free sport."*

FIVB, in its Medical Regulations adopted the Fundamental Rationale of the Code and FIVB's Anti-Doping Programme seeks to preserve the "spirit of sport". With Doping being fundamentally contrary to the spirit of sport, the FIVB with its Anti-doping education programme tries to prevent doping in Volleyball and Beach Volleyball. Preventing doping involves arising awareness of the pertinent issues and concerns, disseminating relevant and accurate information, and positively influencing beliefs, attitudes and behaviours.

In order to effectively address these various dimensions, the FIVB introduced its online Anti-doping education programme "We play it clean!".

During the FIVB Board of Administration meeting held in Punta Cana, Dominican Republic, from 14–16 April 2010, the FIVB Board of Administration approved the FIVB Medical Committee proposal to request all Athletes and Team Support Personnel participating in 2010 FIVB competitions to successfully complete this online Anti-Doping education programme.

2. FIVB Anti-Doping education programme – We play it clean!

FIVB believes that it is vital that its Athletes are aware of their rights when it comes to Anti-Doping. Therefore the FIVB developed an online Anti-Doping programme « We play it clean! » which educates Volleyball and Beach Volleyball Athletes on their rights and responsibilities as well as guiding them towards a healthy lifestyle preventing them from doping. We play it clean is currently available in **English, French and Spanish** and further language modules will be considered for the future.

FIVB's Anti-Doping education programme – We play it clean! aims to educate Athletes, Team Support Personnel and National Federations about Prohibited Substances. It provides for an interactive learning experience made up of interactive videos and questions on a range of Doping topics, including Testing, Therapeutic Use Exemptions and Whereabouts information submission requirements. Real life situations form the basis and users are tested with engaging exercises.



After completing each five to 10-minute module, the user is sent an email recapping the most important points through in the lesson. Following the completion of the final module, the user receives an **Anti-Doping Certificate**.

Please note that Athletes and Team Support Personnel do not have to run through all modules at ones, results will be saved and the user will be able to return at a later point in time. Athletes and Team Support Personnel will receive their certificate only after they completed all modules. Please note that running through the entire programme will take about 1 hour if all modules are completed in one session. Please access FIVB online Anti-Doping education programme here: <http://www.fivb.org/RealWinner/> or via the FIVB website (www.fivb.org) by clicking on the following banner:



Please also assure that you register as *"Beach Volleyball: International level athlete"* as shown in screenshot below and kindly use the same email address as you are using within the ADAMS system:

